



St. Margaret Mary JK-8th Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily

October
2020

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|-----------|
|  <p>Choose MyPlate.gov</p> |  | | <p>1 Cheese Bread</p> <p>Turkey BLT Wrap</p> <p>Roasted Cauliflower</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>2</p> |
| <p>5 Cheeseburger on Bun</p> <p>Chicken Caesar Salad</p> <p>Golden French Fries</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>6 BBQ Pulled Pork Sandwich</p> <p>Turkey Deli Sub Sandwich</p> <p>Steamed Carrots</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>7 Soft Beef Tacos</p> <p>Ham Munchable</p> <p>Refried Beans Salsa Fresh Fruits and Veggies 1% Milk</p> | <p>8 Pepperoni Pizza</p> <p>Southwest Chicken Salad</p> <p>Green Beans</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>9</p> |
| <p>12 Nat'l School Lunch Week</p> <p>Hamburger on a Bun</p> <p>Harvest Chicken Salad</p> <p>Golden French Fries</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>13</p> <p>Crispy Chicken Tenders</p> <p>Chicken Taco Salad</p> <p>Corn</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>14 German Food</p> <p>Braised Bratwurst Dumplings</p> <p>Yogurt Pak with Bagel</p> <p>Roasted Broccoli</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>15</p> <p>Pizza Parlor Pizza</p> <p>Chicken Caesar Salad</p> <p>Roasted Cauliflower</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>16</p> |
| <p>19</p> <p>Corn Dog</p> <p>Chicken Caesar Wrap</p> <p>Garden Peas</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>20</p> <p>Chicken and Cheese Quesadilla</p> <p>7 Layer Salad</p> <p>Refried Beans</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>21 Happy Birthday!</p> <p>Macaroni & Cheese</p> <p>Turkey Munchable</p> <p>Birthday Cake</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>22</p> <p>Cheesy Italian Flatbread</p> <p>Crispy Chicken Salad</p> <p>Roasted Italian Vegetables</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>23</p> |
| <p>26</p> <p>Crispy Chicken Sandwich</p> <p>Chef Salad</p> <p>Roasted Cauliflower</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>27</p> <p>Spaghetti with Meat Sauce Breadstick</p> <p>Ham Deli Sandwich</p> <p>Green Beans</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>28</p> <p>Toasted Cheese Sandwich Homemade Tomato Soup</p> <p>Yogurt Pak with Pretzel Bites</p> <p>Fresh Fruits and Veggies 1% Milk</p> | <p>29</p> <p>Beefy Nachos w/Homemade Cheese Sauce</p> <p>Turkey Cranberry Wrap</p> <p>Spicy Pinto Beans Salsa Fresh Fruits and Veggies 1% Milk</p> | <p>30</p> |

INFORMATION

| | |
|-----------------|--------|
| JK - 5th Grade | \$3.75 |
| 6th - 8th Grade | \$4.25 |
| Adult | \$4.25 |
| Milk | \$0.50 |
| Extra Entree | \$2.25 |

EXTRA INFO

Milk choice of 1% White, Fat Free, or
Chocolate included with lunch.

Manager: Chef Francisco "Cisco" Tovar
Phone: 502-426-2635 x135
Email: foodservice@stmm.org

HARVEST OF



THE MONTH

All the menu information on
our app **Taher Food4Life®**



www.taher.com

Menus are subject to change without notice.