

# Culinary Arts Educational Opportunities

## KIDS IN THE KITCHEN



Dear Parents/Guardians:

We are excited to announce the upcoming culinary arts sessions at St. Margaret Mary Catholic School! Chef Francisco "Cisco" Tovar is teaching classes starting this fall. The dates for the sessions are as follows:



### Kids in the Kitchen

5th – 8th Grade Students

3:00 pm – 4:15 pm, Mustang Cafeteria

Session #1 Basic Knife Skills: Pumpkin Pie Overnight Oatmeal and  
DIY Pumpkin Pie Spice-  
October 15<sup>th</sup>

Session #2 Basics of Baking: French Apple Pie and Ice Cream in a Bag-  
November 19<sup>th</sup>

Session #3 Basics of Decorating: Sugar Cookies and Decorating-  
December 17<sup>th</sup>

Session #4 Basics of Pasta: From Scratch Egg Noodles and Cheese Ravioli -  
January 21<sup>st</sup>

Session #5 Homemade Pizza Dough from scratch with Pizza Toppings-  
February 18<sup>th</sup>

Session #6 Mother's Day French Toast Egg Strata with Fruit Garnishes-  
March 18<sup>th</sup>

**There will be a \$25 charge per student per session. Payment can be made to Taher.** All sessions will be run from 3:00 pm until 4:15 pm. Students will need to arrange their own transportation home. Please indicate below the mode of transportation your child will be taking at 4:15 pm after each session. Students will be picked up in the parking lot by gym door # 21. Permission slips need to be returned to Chef Cisco Tovar.

RETURN TO Chef Cisco Tovar by Tuesday, October 8th, 2024. All other class sign up deadlines will be *1 week* prior to that class date.

Our classes will have a hands-on approach which include but are not limited to knife skills with cut-protecting gloves and kids safety knives, cooking on a gas burner and using other kitchen equipment under our supervision. Signing the form below acknowledges that you understand and accept these activities as part of our program.

*To Whom It May Concern:*

*I hereby give permission for my (circle one) **son/daughter** (print name) \_\_\_\_\_  
To participate in the culinary sessions (check box below):*

- € Session #1      October 15, 2024, STMM Cafeteria  
**Sign up and Pay by October 8<sup>th</sup>**
  
- € Session #2      November 19, 2024, STMM Cafeteria  
**Sign up and Pay by November 12<sup>th</sup>**
  
- € Session #3      December 17, 2024, STMM Cafeteria  
**Sign up and Pay by December 10<sup>th</sup>**
  
- € Session #4      January 21, 2025, STMM Cafeteria  
**Sign up and Pay by January 14<sup>th</sup>**
  
- € Session #5      February 18, 2025, STMM Cafeteria  
**Sign up and Pay by February 11<sup>th</sup>**
  
- € Session #6      March 18, 2025, STMM Cafeteria  
**Sign up and Pay by March 11<sup>th</sup>**

*My son/daughter will (circle one) **walk home/be picked up** unless I notify the school. In case of an emergency, please call (name) \_\_\_\_\_ (phone #) \_\_\_\_\_*

Allergies: Please list any known allergies:

Signature \_\_\_\_\_  
Name of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_