

St. Margaret Mary 6th - 8th Grade Additional Selections

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily

September
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Jambalaya Brown Rice Hamburger on a Bun Mini Corn Dogs Chicken Caesar Salad Tater Wedges	2 Cheese Pizza Wedge HOM- Pesto Cheese Pizza Pizza Bagel Yogurt Pak with Bagel Cheesy Au Gratin Potatoes
5 Labor Day	6 Italian Sub w/Swiss Golden French Fries Chicken & Cheese Quesadilla BBQ Meatball Sub Asian Chicken Salad Steamed Corn	7 BBQ Chicken Pizza Wedge Crispy Chicken Nuggets Whole Grain Dinner Roll Pretzel Bites w/Cheese Sauce Chef Salad Egg Noodles	8 Spaghetti Squash Carbonara with Chicken Garlic Breadstick Chicken Alfredo w/Pasta Garlic Breadstick Salisbury Steak Sandwich Buffalo Chicken Salad Steamed Peas	9 Nat'l I Love Food Day Pepperoni Pizza Wedge Cheese Pizza Buffalo Chicken Fajita Wrap Greek Salad Green Beans HOM-Apple Crisp
12 Cheese Pizza Wedge Bean & Cheese Quesadilla Salsa Soft Beef Tacos Yogurt Pak with Bagel Spanish Rice	13 Fish Sandwich with Cheese Golden French Fries Crispy Chicken Sandwich Italian Meatball Sub Ham Deli Sandwich Honey Glazed Carrots	14 Sausage Pizza Wedge Meatloaf Sub Sandwich Cheesy Italian Flatbread 7 Layer Salad Roasted Zucchini Birthday Cake	15 Pasta Amatriciana Garlic Breadstick BBQ Pulled Pork Sandwich Beef Hotdog on a Bun Harvest Chicken Salad Macaroni & Cheese	16 Nat'l Guacamole Day Cheese Pizza Wedge Pizza Pasta Bake Garlic Toast Sloppy Joe on a Bun Honey Mustard Ham Wrap Steamed Corn
19 Cheese Pizza Wedge Cheeseburger on a Bun Chicken Fried Rice Whole Grain Dinner Roll Turkey BLT Wrap Golden French Fries	20 Hot Roast beef on Bun w/Cheese Sauce Golden French Fries Beefy Nachos w/Cheese Sauce Mini Corn Dogs Chicken Taco Salad Mexican Corn	21 Buffalo Chicken Pizza Wedge Crispy Chicken Nuggets Whole Grain Dinner Roll Chicken Salad Sliders Turkey Deli Sub Sandwich Egg Noodles	22 Nat'l Ice Cream Cone Day Chicken Parmesan w/Pasta Garlic Breadstick Toasted Cheese Sandwich Tomato Soup Ham and Cheese Calzone Chef Salad Roasted Broccoli	23 Cheese Pizza Wedge Pepperoni Pizza Buffalo Chicken Fajita Wrap Turkey & Cheese Flatbread Munchable Caesar Side Salad
26 Cheese Pizza Wedge Baked Spaghetti Garlic Breadstick Grilled Ham & Cheese Sandwich Turkey Deli Sub Sandwich Green Beans	27 Nat'l Chocolate Milk Day Double "Mac" Cheeseburger Golden French Fries Pancakes with Sausage Patty Biscuits & Gravy Fruited Spinach Salad Hash Brown Patty	28 Bacon Pizza Wedge Italian Meatball Sub Spicy Chicken Patty on Bun Chicken Caesar Wrap Roasted Cauliflower Mini Rice Krispie Treat	29 General Tso's Chicken Cilantro Lime Rice Orange Chicken Bites Whole Grain Dinner Roll Pigs in a Blanket Italian Crispy Chicken Munchable Brown Rice	30 HOM- Pesto Cheese Pizza Wedge French Bread Pizza Crispy Chicken Wrap Yogurt Pak with Bagel Roasted Broccoli

PRICES

JK - 5th Grade	\$4.00
6th - 8th Grade	\$4.50
Adult	\$4.50
Milk	\$0.50
Extra Entree	\$2.50

EXTRA INFO

Milk choice of 1% White, Fat Free, or
Chocolate included with lunch.

 Manager: Chef Francisco "Cisco" Tovar
 Phone: 502-426-2635 x135
 Email: foodservice@stmm.org

HARVEST OF



THE MONTH

Menus and nutrition
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TaHer Food4Life®



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