

Culinary Arts Educational Opportunities

KIDS IN THE KITCHEN



Dear Parents/Guardians:

We are excited to announce the upcoming culinary arts sessions at St. Margaret Mary Catholic School! Chef Francisco "Cisco" Tovar is teaching classes starting this fall. The dates for the sessions are as follows:



Kids in the Kitchen

3rd – 8th Grade Students

3:00 pm – 4:15 pm, Mustang Cafeteria

Session #1 Introduction to the kitchen: Salads and dressings-
October 11th

Session #2 Basic knife skills: French toast, hashbrowns, and fruit garnishes-
November 15th

Session #3 Basics of Baking: Cupcake baking, homemade buttercream frosting, and
decorating -
December 13th

Session #4 Italian Amore: Antipasto, Fresh Basil Pesto w/homemade Potato Gnocchi-
January 10th

Session #5 Homemade pizza dough from scratch and pizza topping-
February 14th

Session #6 I Love Mexico: Fresh Tamales, fresh salsa, homemade mole.
March 21st

There will be a \$25 charge per student per session. Payment can be made to Taher. All sessions will be run from 3:00 pm until 4:15 pm. Students will need to arrange their own transportation home. Please indicate below the mode of transportation your child will be taking at 4:15 pm after each session. Students will be picked up in the parking lot by gym door # 21. Permission slips need to be returned to Chef Cisco Tovar.

RETURN TO Chef Cisco Tovar by Tuesday, October 4, 2022 for first Class date. All other class sign up deadlines will be 1 week prior to that class date.

Our classes will have a hands-on approach which include but are not limited to knife skills with cut-protecting gloves and kids safety knives, cooking on a gas burner and using other kitchen equipment under our supervision. Signing the form below acknowledges that you understand and accept these activities as part of our program.

To Whom It May Concern:

*I hereby give permission for my (circle one) **son/daughter** (print name)_____*

To participate in the culinary sessions (check box below):

- Session #1 October 11, 2022, STMM Cafeteria
Sign up and Pay by October 4th
- Session #2 November 15, 2022, STMM Cafeteria
Sign up and Pay by November 8th
- Session #3 December 13, 2022, STMM Cafeteria
Sign up and Pay by December 6th
- Session #4 January 10, 2023, STMM Cafeteria
Sign up and Pay by January 3rd
- Session #5 February 14, 2023, STMM Cafeteria
Sign up and Pay by February 7th
- Session #6 March 21, 2023, STMM Cafeteria
Sign up and Pay by March 14th

*My son/daughter will (circle one) **walk home/be picked up** unless I notify the school. In case of an emergency, please call (name)_____ (phone #)_____*

Allergies: Please list any known allergies:

Signature _____
Name of Parent/Guardian

Date